



### **Cucumber Raita**

¼ cucumber

125ml Greek yogurt

¼ tsp cumin seed

pinch sugar

Salt & pepper to taste

1. Coarsely grate the cucumber, squeeze out as much moisture as possible with your hands.
2. Toast the cumin seeds in a dry pan for a few seconds, then mix with the yogurt, cucumber and sugar. Season with salt & pepper to taste.

